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Dept. of Health and Human Performance (Faculty of Physical Activity and Sport-INEF, UPM)

Qualifications	<p>Pharmacist, UAH 2000 University expert in Clinical Genetics, UAH, 2005 Specialist in Clinical Analysis (Internal Resident, Pharmacy program), MEC, 2006 PhD Pharmacy, UCM 2015</p>
Employment	<p>Specialist in Clinical Analysis. Spanish Public Hospitals (2006-2008, intermittently). Citogenetist. Spanish Pubic Hospitals and Private Laboratories (2009-2017, intermittently) QC &amp; QA Technician, Rovi (2011), Pfizer (2013) Adjunct professor, Physical activity and Health, UPM (2017) Assistant professor, Physical Activity and Sport-INEF, UPM. (2020-)</p>
5 Selected publications	<ol style="list-style-type: none"> <li>Seral-Cortes M, Sabroso-Lasa S, De Miguel-Etayo P, Gonzalez-Gross M, <b>Gesteiro E</b>, Molina-Hidalgo C, De Henauw S, Gottrand F, Mavrogianni C, Manios Y, Plada M, Widhalm K, Kafatos A, Erhardt É, Meirhaeghe A, Salazar-Tortosa D, Ruiz J, Moreno LA, Esteban LM, Labayen I. Development of a Genetic Risk Score to predict the risk of overweight and obesity in European adolescents from the HELENA study. <i>Sci Rep.</i> 2021 Feb 4;11(1):3067. doi: 10.1038/s41598-021-82712-4.</li> <li>González-Gil EM, Huybrechts I, Aguilera CM, Béghin L, Breidenassel C, <b>Gesteiro E</b>, González-Gross M, de Henauw S, Kersting M, Donne CL, Manios Y, Marcos A, Meirhaeghe A, De Miguel-Etayo P, Molina-Hidalgo C, Molnár D, Papadaki A, Widhalm K, Moreno LA, Bel-Serrat S. Cardiometabolic Risk is Positively Associated with Underreporting and Inversely Associated with Overreporting of Energy Intake Among European Adolescents: The Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) Study. <i>J Nutr.</i> 2021 Jan 20:nxaa389. doi: 10.1093/jn/nxaa389.</li> <li>Seral-Cortes M, Sabroso-Lasa S, De Miguel-Etayo P, Gonzalez-Gross M, <b>Gesteiro E</b>, Molina-Hidalgo C, De Henauw S, Erhardt É, Censi L, Manios Y, Karaglani E, Widhalm K, Kafatos A, Beghin L, Meirhaeghe A, Salazar-Tortosa D, Ruiz JR, Moreno LA, Esteban LM, Labayen I. Interaction Effect of the Mediterranean Diet and an Obesity Genetic Risk Score on Adiposity and Metabolic Syndrome in Adolescents: The HELENA Study. <i>Nutrients.</i> 2020 Dec 16;12(12):3841. doi: 10.3390/nu12123841.</li> <li><b>Gesteiro E</b>, Guijarro L, Sánchez-Muniz FJ, Vidal-Carou MDC, Troncoso A, Venanci L, Jimeno V, Quilez J, Anadón A, González-Gross M. Palm Oil on the Edge. <i>Nutrients.</i> 2019;11(9). pii: E2008. doi: 10.3390/nu11092008.</li> <li>Pascual-Gamarra JM, Salazar-Tortosa D, Martinez-Tellez B, Labayen I, Rupérez AI, Censi L, Manios Y, Nova E, <b>Gesteiro E</b>, Moreno LA, Meirhaeghe A, Ruiz JR. Association between UCP1, UCP2, and UCP3 gene polymorphisms with markers of adiposity in European adolescents: The HELENA study. <i>Pediatr Obes.</i> 2019 Jun;14(6):e12504. doi: 10.1111/ijpo.12504.</li> </ol>
Peer review	<p>Nutr Hosp (2016-), Biochemie (2020-)</p>
Other appointments	<p>Antonio Doadrio Award to the PhD Thesis. National Royal Academy of Pharmacy (2015) Member of the Spanish Society of Nutrition (2018-) Member of the Spanish Net of Research in Physical exercise and Health (EXERNET) (2017-)</p>