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Qualifications	Degree in Pharmacy. Faculty of Pharmacy. Complutense University of Madrid. 1989. Master Degree in Nutrition. Complutense University of Madrid. 1991. Doctorate (Ph.D.) Complutense University of Madrid.1994.
Employment	1988-1994 Pre-Doctorate Fellow. Department of Nutrition. Complutense University of Madrid 1994-1995 Head of Nutrition Department. Clinica Cabeza Ferrer. Madrid. 1995-1996 Co-ordination of Expert course in herbs and medical plants. Universidad Politécnica de Madrid. 1998-2003 Post-Doctorate Fellow. Institute of Nutrition. Consejo Superior de Investigaciones Cientificas. Madrid. 2003-2004 Associate Professor of Nutrition. Institute of Nutritional Sciences. Rheinische Friedrich-Wilhelms Universität. Bonn (Germany). 2004-August 2012 Senior Lecturer (PTU) for Sports Nutrition and Exercise Physiology. Technical University of Madrid. 2012 - Full Professor (Catedrática) for Sports Nutrition and Exercise Physiology. UPM.
Board and committee positions	2008 -Member of the Kuratorium and Scientific Advisory Committee of the "Forschungsinstitut für Kinderernahrung" in Dortmund (Germany). Member of the Scientific Committee of the Fundación Alimentum. 2011- Head of the Research group ImFINE (Improvement (of health) by fitness, nutrition and exercise) of UPM. 2012 – Member of the Board of the Spanish Nutrition Society 2014 -Member of the Board of the Spanish Nutrition Foundation
5 Selected publications	González-Gross M, Gómez-Lorente J, Valtueña J, Ortiz JC, Meléndez A. The development of the healthy lifestyle pyramid for children and adolescents. <i>Nutr Hosp</i> 2008; 23(2): 161-170. González-Gross M, Valtueña J, Breidenassel C, Moreno LA, Kersting M, De Henauw S, et al.. Vitamin D status in European adolescents. The HELENA study. <i>Br J Nutr</i> 2012;107(5):755-64.. González Gross M, Benser J, Breidenassel C, Albers U, Huybrechts I, Valtueña J, et al. Gender and age influence blood folate, vitamin B12, vitamin B6, and homocysteine levels in European adolescents: the Helena Study. <i>Nutrition Research</i> 2012;32(11):817-26. Zapico AG, Benito PJ, González-Gross M, Peinado AB, Morencos E, Romero B, et al. Nutrition and physical activity programs for obesity treatment (PRONAF study). methodological approach of the project. <i>BMC Public Health</i> . 2012 Dec 21;12(1):1100. Cuenca-García M, Ortega FB, Ruiz JR, González-Gross M, Labayen I, Jago R, et al. Combined influence of healthy diet and active lifestyle on

	cardiovascular disease risk factors in adolescents. Scand J Med Sci Sports. 2012 Dec 12. doi: 10.1111/sms.12022.
Scientific production	<p>Director of Doctoral Thesis: 12 (+ 6 in progress)</p> <p>Director of Diploma Thesis: 27</p> <p>Communications to congresses: 190</p> <p>Invited speaker: 110</p> <p>Publications (see below)</p> <p>Peer-reviewed/international: 176</p> <p>National: 37</p> <p>Chapters in books: 28</p>
Peer review	<p>Archivos Latinoamericanos de Nutrición</p> <p>European Journal Clinical Nutrition</p> <p>The Journal of Nutrition Health and Aging</p> <p>Social and Preventive Medicine</p> <p>The Journal of Nutrition</p> <p>European Journal of Nutrition</p> <p>International Journal of Obesity</p> <p>Clin Chem</p> <p>The Journal of Pediatrics</p> <p>Clinica Chimica Acta</p> <p>British Journal of Nutrition</p> <p>Journal of Pediatrías</p> <p>Nutrition, Metabolism and Cardiovascular disease</p> <p>Journal of Human Nutrition and Dietetics</p> <p>Drugs & Aging</p> <p>Acta Paediatrica</p> <p>International Journal of Food Sciences and Nutrition</p> <p>Annals of Nutrition and Metabolism</p> <p>BMC Public Health</p> <p>Nutricion Hospitalaria</p> <p>Clinical Nutrition</p>
Other appointments	<p>2006 -XVII sports research award. First prize for research work. Junta de Andalucía. Instituto Andaluz del Deporte. Málaga.</p> <p>2008 -SENPE award for the promotion of the activities of the society.</p> <p>2008- Joaquin Blume Award by the Spanish High Sports Council.</p> <p>2011-Communication Star Prize to the HELENA project, best dissemination of European projects in food science. Awarded by Agrifood Results. 7th Framework Programme. Brussels.</p> <p>2011- Johnson Space Center Director's Innovation Group Achievement Award for Mission: Train like an astronaut. Awarded by NASA.</p>